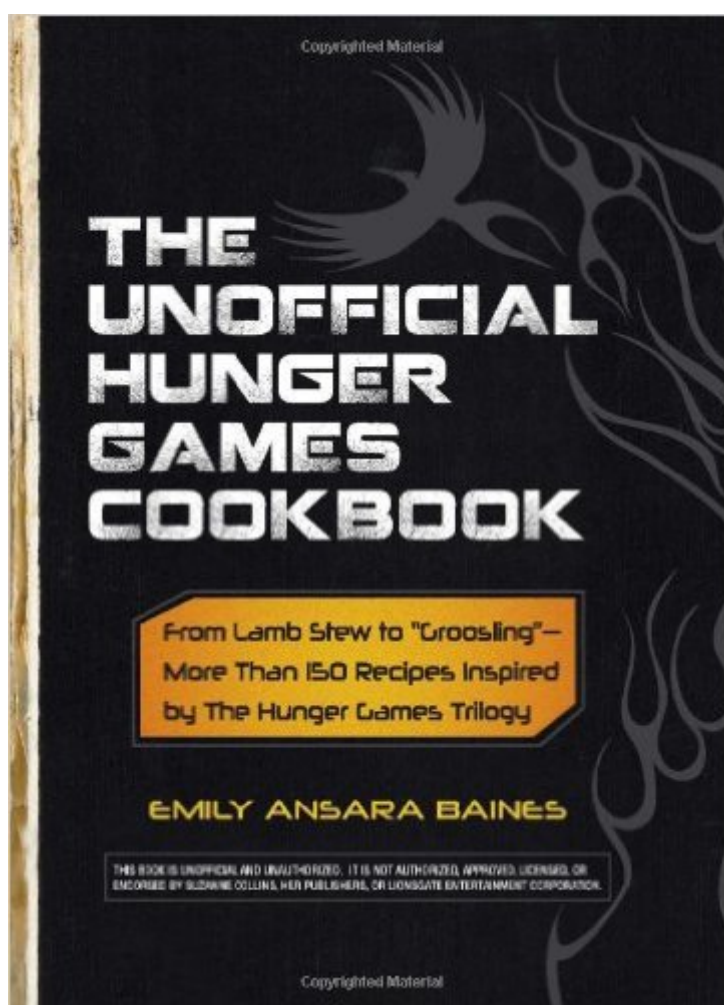


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# The Unofficial Hunger Games Cookbook: From Lamb Stew To "Groosling" - More Than 150 Recipes Inspired By The Hunger Games Trilogy (Unofficial Cookbook)



## Synopsis

"Here's some advice. Stay alive." --Haymitch Abernathy  
When it comes to The Hunger Games, staying alive means finding food any way possible. Katniss and Gale hunt live game, Peeta's family survives on the bread they make, and the inhabitants of the Seam work twelve-hour days for a few handfuls of grain--all while the residents of the Capitol gorge themselves on delicacies and desserts to the heart's desire. For the first time, you will be able to create delicious recipes from the humble District 12 to the extravagant Capital, including:  
French Bread from the Mellark Family Bakery  
Katniss's Favorite Lamb Stew with Dried Plums  
Rue's Roasted Parsnips  
Gale's Bone-Pickin' Big Game Soup  
Capitol-Grade Dark Chocolate Cake  
If you're starving for more from Katniss, Peeta, and Gale, this cookbook is sure to whet your appetite!

## Book Information

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Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (105 customer reviews)

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## Customer Reviews

I was one of the very first to review The Hunger Games. I loved the book, thought it one of the best I had seen for the Young Adult market in quite some while. Even way back in 2008 I was predicting that the Hunger Games series might just be the next big thing. So, I was delighted to see the recent release of the movie and was glad to have the opportunity to review Emily Ansara Baines The Unofficial Hunger Games Cookbook: From Lamb Stew to "Groosling" - More than 150 Recipes Inspired by The Hunger Games Trilogy. I cannot begin to tell you how dreadfully sad I am to have to write the review I'm about to put on "paper." At first glance, The Unofficial Hunger Games Cookbook seems like a brilliant and fairly well executed idea, though I must admit that I had questions about the use of the Hunger Games name, surely by now trademarked. In spots, the recipes are

marvelous. In others, not so much. And while I certainly understand the idea behind including things like mountain goat and yucca, foraging for food is something that takes knowledge. Many - probably most - of the recipes that use foraged plant roots I would not use, even though I've been "picking wild" for more than a half a century. As I started taking a closer look at some of the recipes I started to notice some odd things.

Ok, for the moment I'm going to ignore the fact that the way this book is tied in to the Hunger Games series is to regurgitate different quotes and situations from the book, find a relatable food and go from there. I'm going to look at it from its stance as a cookbook, and the food that you prepare from it. We'll get into the whole Hunger Games thing later. The Unofficial Hunger Games Cookbook has 9 chapters and an appendix. The appendix is largely a listing of herbs. There are also acknowledgements and an index and an About the Author section. The first chapter, Breakfast of Champions, is just what you'd expect it to be. A chapter about breakfast foods. There are such sundries as orange muffins with sweet preserves to a Sumptuous Sausage Sunrise dish. The Fearfully Fried Potatoes (and yes I realize exactly how cheesy the dish names are) were standard fried potatoes. In fact, I was scratching my head a little at why they were included in this cookbook. The Orange Muffins with Sweet Preserves I made as well, and they were very very sweet. The texture was not muffin like though, but more like a very dense cake. The preserves made to go with it filled the equivalent of a regular sized jelly jar, and was way too much to go with the muffins, unless you made ten batches of muffins. The Fruit Frenzy was actually pretty good, but then again it was just a fixture of blueberries, strawberries, blackberries and pineapple. Which is very standard. Cheese Souffle for the Spoiled Snackers was a light dish, and it had a decent taste, but wasn't really something that was sought after in my house. I do have to say that the Cheesy Meaty Hash Brown Casserole was very good and very easy to make.

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